DON'T FREAK ABOUT THE NEW HEALTH CARE ACT

10 THINGS YOU SHOULD KNOW ABOUT OBAMACARE RIGHT NOW. PAGE 27

metro®
NEW YORK CITY Wednesday, October 2, 2013
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MILES DIXON/METRO

New York

NICOLAUS CZARNECKI/METRO

Boston

Sightseeing. With a federal government shutdown in place, many popular stops across the country are closed to visitors. **Tourism.** Local shop owners say if the shutdown drags on, it will mean bad news for NYC. PAGES 04, 10

CHARLES MOSTOLLER/METRO

Philadelphia

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5 last date a food product should be used, yeast or baby formula

6 Medicine available without a written order from a doctor

7 authority, a right to

8 elements in a product that make the product effective

11 likely to lead to addiction

12 Demonstrated or proven effectiveness

13 a product that does not have a brand name

14 packaged to make it clear whether the product has been opened since packaged

15 vitamins have been added to the product

16 the nation in which the apparel product was made

Down:

1 A person licensed to sell prescription drugs with written order from a doctor

2 a store name used as the trade name of a product.

3 date a food product was processed or packaged, with can goods

4 a product that claims to affect the structure of function of the body

9 a well known nationally advertised trade name of product

10 Other physical conditions, usually unwanted, that result from taking a medicinal drug

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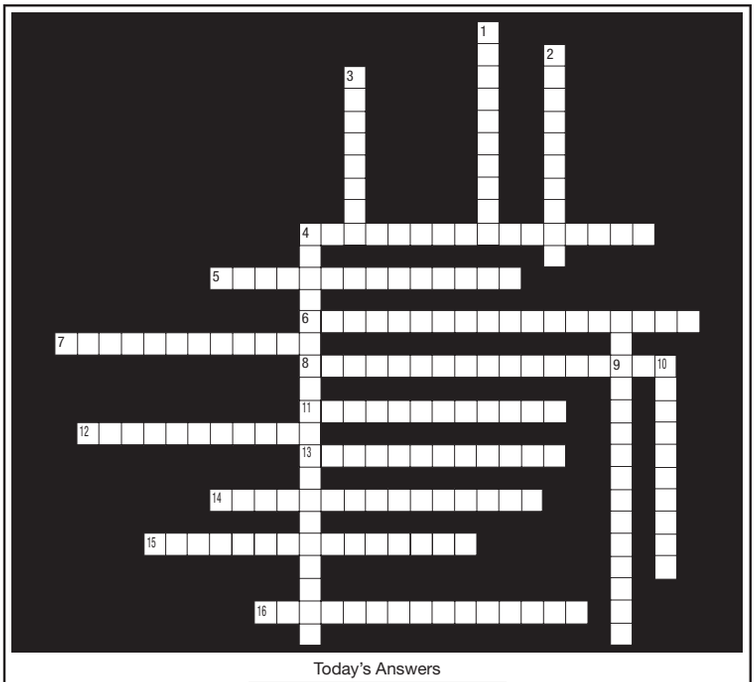
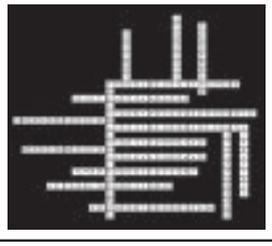


Today's Answers



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3. What disease causes bones to become more fragile?

4. Which cholesterol is commonly known as the "bad cholesterol": low-density lipoprotein (LDL) or high-density lipoprotein (HDL)?

5. Sunscreen will keep its original strength for how many years?

6. The U.S. government recommends how many minutes of moderate aerobic activity per week?

1

NEWS

Top 3

What's trending online at Metro.us

1 'HAA, Yankee fans organize protest of Alex Rodriguez suspension'

2 'VIDEO: Next Media Animation wants you to know they are hiring'

3 'VIDEO: What's wrong with cable news?'

Quoted

"That brings in a lot of our customers—knowing that they will get to see the Statue of Liberty."

Heriberto Rodriguez, a 23-year-old that works for Skyline Sightseeing

Tourists were turned away from the Statue of Liberty on the first day of the shutdown. / GETTY IMAGES

NYC tourism hit by start of shutdown

Impact uncertain. Decisions in D.C. are taking their toll here in the city.

New York City's tourism industry faces unknown economic losses during the government shutdown, with the Statue of Liberty and other federal attractions closed for business.

"If there is no government, there's no me. My business is based on tourism, and the tourists are not coming," said George Hill, 59, who peddles T-shirts and hats in Lower Manhattan, where many tourists normally take ferries to Liberty Island.

City, state and federal officials could not estimate how much the city will lose each day during the shutdown, but less foot traffic has vendors like Hill worried.

Before the statue closed following superstorm Sandy, its visitors contributed $174 million to the New York area economy in 2011, supporting more than 2,200 jobs.

Nationwide, the shutdown will cost the Parks Service an estimated $450,000 per day in lost revenue.

Still, the city's marketing, tourism and partnership organization isn't too concerned at this point, noting that are plenty of other attractions in the five boroughs.

"Any closure of our National Parks would be disappointing to some travelers, but we do not foresee it creating a major impact on New York City tourism," NYC & Company CEO George Fertitta said.

ANNA SANDERS and MAJA LUNDAGER

Closing time

- The National Park Service said that some 15,000 people who visit the **Statue of Liberty** every day will have their reservations canceled as D.C. remains in gridlock.
- Some of the other places that are closed in New York City include **Ellis Island, Federal Hall, Theodore Roosevelt's birthplace** and the **National Museum of the American Indian.**

The affect on tourists

"We're sad. We came from thousands of miles away to see the Statue of Liberty and we can't see it now. I'm mad."

Svetlozar Nikolaev, 23, Bulgaria

"Yes. I want to go [to the Federal Hall], but I'm very disappointed because they closed it and I can't enter. We are very sad because we came from China and that's a very long way from here. We arrived for our vacation and would like to see the sites, but some of them are closed."

Katherine Xu, 43, China

"It's a bit annoying not being able to do what you wanted to do. On the weekend we were planning on going to some national parks, but I just found out they are gonna be closed as well. I don't know what the plan for the weekend will be now."

Aine McGovern, 26, Ireland

Muslim surveillance case on trial

The Muslim surveillance investigation started Tuesday. / GETTY IMAGES

Judge Charles Haight heard opening arguments yesterday in a new federal trial over the NYPD's controversial Muslim surveillance program.

The lawsuit, filed by civil rights lawyers in February, requested that the judge block the surveillance program without evidence of criminality and then appoint a monitor to oversee the NYPD's surveillance activities.

One of the civil rights lawyers, Paul Chevigny, argued that the Muslim surveillance program is in violation of Handschu guidelines, a set of rules for surveillance tactics that was established decades ago, because it is not based on or limited to specific threats or criminality.

Rather, he said, the program is "rooted in the fact that the subjects are Muslims."

One of the issues in question is the recording of conversations that occurred inside the mosques.

DANIELLE TCHOLAKIAN

Different era

City lawyer Peter Farrell emphasized that the global climate following 9/11 was reason enough for the NYPD to have valid suspicions of plots against NYC by "Islamists radicalized to violence."

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One of the bikers filmed the incident and put the video on Youtube. / NYPD

NYPD: Suspect in highway biker gang attack turns himself in

Hit the brakes. One of two suspects that was wanted in the West Side Highway biker gang assault was arrested.

Police reported that one of the wanted suspects in Sunday's biker gang assault on the West Side Highway turned himself in at the 113th precinct Tuesday.

The suspect, formerly identified by the NYPD simply by his white motorcycle, is named Allen Edwards, the source said.

Edwards is one of the two suspects police were looking for in connection with the assault on a man driving an SUV with his wife and two-year-old daughter inside.

Police charge that Edwards was one of the two bikers initially responsible for the assault that occurred around 2 p.m. on Sunday in front of 610 West 178th St.

One of the bikers smashed Lien's driver's side window, while another, suspected to be Edwards, punched Lien's car multiple times.

Police said they pulled Lien out of the car and beat him.

The second suspect is still at large.

MEGHAN JOHNSON
letters@metro.us

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The NYPD is offering a $2,000 reward for the arrest and indictment of the remaining suspect that is still at large.

Staten Island

Rep. Grimm blasted for shutdown

Some Staten Island residents are not happy with their Republican congressman Michael Grimm. Grimm was one of the House representatives whose vote on Monday night prompted a government shutdown.

The Staten Island Democratic Party organized a protest outside Grimm's office Tuesday.

Executive Director Kevin Elkin said they had hoped the GOP congressman would have voted with the "common sense Republicans" who had voted for the resolution.

DANIELLE TCHOLAKIAN

Rep. Michael Grimm / GETTY IMAGES

In Brooklyn

Teen dies at high school

A 15-year-old boy at the High School for Civil Rights in Brownsville, Brooklyn, collapsed about 4 p.m. Monday, the NYPD reported.

Cardell Lee, 15, had a history of asthma, police said. CPR was done but the teen could not be resuscitated.

Lee was taken to a hospital and pronounced dead. **DANIELLE TCHOLAKIAN**

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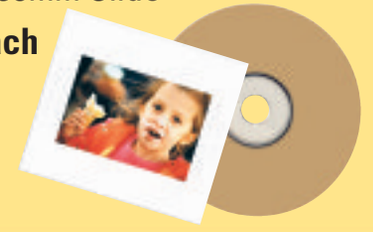

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Questlove helps unveil Made in NY Media Center

The future. The new center will be an incubator focusing on digital media.

The musician Questlove joined city officials in unveiling the Made in NY Media Center Tuesday, wearing a headset that allowed him to help cut a ceremonial ribbon without lifting a finger.

"Keep it the old-fashioned way," Brooklyn Borough President Marty Markowitz joked as a machine forced a big pair of scissors to slice the red ribbon in half. But officials hope the Brooklyn center, on DUMBO's John Street in a 104-year-old coffee factory, will help propel the city into the future.

Opening Oct. 15, the 20,000-square-foot center will serve as the first government-sponsored incubator focusing on digital media. Along with community space, the center will have classrooms and an art gallery.

ANNA SANDERS
anna.sanders@metro.us

Questlove wears a headset that helped him cut a ribbon at the new center. / OFFICE OF MAYOR

Tech centers

There are already 10 technology incubators focusing on various fields in the city, said Kyle Kimball, president of the city's Economic Development Corporation.

- Officials also launched Cornell NYC Tech's degree program in Connective Media on Tuesday. The two-year master's program is designed to train engineers and technologists for the media sector.

Suspect caught

Multiple people stabbed in Riverside Park

Multiple people were stabbed in Riverside Park Tuesday, an NYPD spokesman said.

Police reported a 43-year-old man was taken into custody at 8:30 a.m. near West End Avenue. He was held by a civilian until cops arrived.

Police said that the stabbing victims are one 36-year-old man, three women, ages 32, 35 and 36, and a 2-year-old girl. They are all expected to survive.

DANIELLE TCHOLAKIAN

Curtains. New York City Opera announces that it will close doors

Fundraising attempts unsuccessful, the New York City Opera's curtains will close for good.

The 69-year-old company announced Tuesday it will begin the process of dissolving itself and filing for bankruptcy.

"New York City Opera did not achieve the goal of its emergency appeal," Risa Heller, a spokeswoman for the company, said. "Today, the board and management will begin the necessary financial and operational steps to wind down the company, including initiating the Chapter 11 process."

NYC Opera / STEPHANIE BERGER

Last month, the opera launched a last-ditch effort to raise $7 million to continue.

In September, City Opera focused its efforts on large donors, raising $2 million by Sunday.

ANNA SANDERS

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Obama blames shutdown on 'ideological crusade'

Plan. Obama also warns the GOP not to use the debt ceiling as leverage to reverse the health care law.

President Barack Obama yesterday blamed Republicans for an "ideological crusade" aimed at his health care program and urged lawmakers to vote to keep government operations running and to raise the nation's borrowing cap without conditions.

"They've shut down the government over an ideological crusade to deny affordable health insurance to millions of Americans," he said in remarks in the White House Rose Garden.

"Many representatives have made it clear that had they been allowed by Speaker [John] Boehner to take a simple up or down vote on keeping government open with no strings attached, enough votes from both parties would have kept the American people's government open and operating," he said.

"I'm not going to allow anybody to drag the good name of the United States of America just to refight a settled election or extract ideological demands," he said. A debt default that would result if Congress fails to raise the debt ceiling when it is reached in less than three weeks could be devastating, Obama said. REUTERS

U.S. Park Ranger Richard Trott places a closed sign on a barricade in front of the World War II monument in Washington, D.C. / GETTY IMAGES

Quoted

"If they go through with it this time, and force the United States to default for the first time in its history, it would be far more dangerous than a government shutdown." Obama

Information

Government shutdown slows flow of data to a trickle

A partial government shutdown began to delay the release of data on the world's largest economy yesterday, leaving policymakers and investors in a fog.

From crop yields to unemployment figures, many of the nation's most closely watched data will not be published during the shutdown.

The Bureau of Economic Analysis shut down its website overnight and failed to issue a report on construction spending that was supposed to be released at 10 a.m. yesterday.

The Bureau of Labor Statistics said it would not issue anything until government operations resumed. REUTERS

Funding bills

White House rejects latest GOP offer to end shutdown

The White House yesterday rejected a plan floated by Republican leaders in the House of Representatives to reopen some shuttered federal agencies by passing small, individual funding bills for them.

The plan was presented to rank-and-file House Republicans at a meeting in the Capitol.

The White House did not take long to reject the offer.

The proposal "shows the utter lack of seriousness that we're seeing from Republicans," White House spokesman Jay Carney said. REUTERS

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Obamacare launch hits hitch as Web traffic snarls up sites

A screen grab shows the home page that many users were unable to access yesterday. / HEALTHCARE.GOV

Problems. The administration had predicted hitches that could last weeks.

Technical glitches stalled yesterday's launch of new insurance exchanges at the heart of President Barack Obama's health-care reform law, a slow start that could fuel the political debate over providing millions of uninsured Americans with coverage.

The administration went ahead with opening day for a six-month enrollment period on the state marketplaces, or exchanges, despite a partial federal government shutdown precipitated by Republican opposition to the health-care law that deadlocked a spending bill in Congress.

The law will provide subsidized health insurance based on income through the new exchanges in 50 states and expand Medicaid coverage for the poor, representing the most ambitious U.S. social program since Medicare launched in the 1960s. **REUTERS**

Today's winner

To enter your submission for the Metro Photo Challenge to win a trip to Ghana, go to **www.metrophotochallenge.com.**

'A Taste of The Jersey Shore'

Mimi LaVette, Philadelphia, Category: Taste

Affordable Care Act

Americans by 72 percent oppose shutdown tied to health care cuts

In a rejection of congressional Republicans' strategy, Americans overwhelmingly oppose undermining President Barack Obama's health-care law by shutting down the federal government or resisting an increase in the nation's debt limit, according to a poll released yesterday.

By 72 percent to 22 percent, Americans oppose Congress "shutting down major activities of the federal government" as a way to stop the Affordable Care Act from going into effect, the national survey from Quinnipiac University found.

By 64 percent to 27 percent, voters don't want Congress to block an increase in the nation's $16.7 trillion federal borrowing limit as a way to thwart implementation of the health-care law, which Obama signed into law in 2010 with a goal of insuring millions of Americans, known as "Obamacare." **BLOOMBERG**

Opposed

58%

A majority of the public, 58 percent, is opposed to cutting off funding for the insurance program that begins enrollment today.

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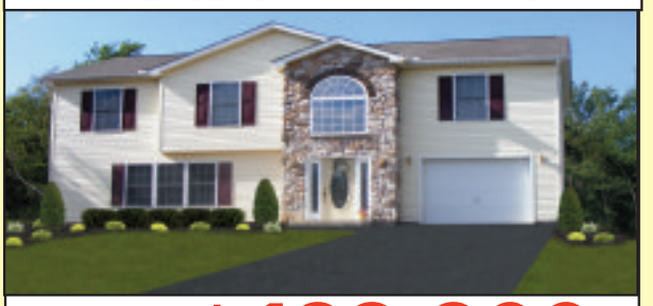

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Murder trial

Pistorius hires US forensics experts

Olympic and Paralympic athlete Oscar Pistorius has enlisted the help of U.S. forensics experts as he prepares for a murder trial that is due to start in March next year.

Pistorius, 26, has been charged with murdering his girlfriend Reeva Steenkamp on Feb. 14 at his home in Pretoria. If convicted, he could face life in prison.

Spokeswoman Anneliese Burgess said the forensics team was currently in South Africa, but would not provide further details.

Pistorius, known as "Blade Runner" for the prostheses he wears in competition, has admitted shooting Steenkamp through a closed bathroom door. He said he mistook her for an intruder. **REUTERS**

Pope vows change to Vatican mentality as reform talks start

Church changes. The pontiff says the Church must adopt a worldwide mission.

Pope Francis / GETTY IMAGES

Pope Francis began landmark meetings yesterday to reform the Vatican, promising to do all he could to change the mentality of an institution he said was too focused on its own interests.

Francis and eight cardinals from around the world are holding three days of closed-door meetings to discuss the Vatican's troubled administration and to map out possible changes in the worldwide Church.

As the talks began, left-leaning La Repubblica newspaper published a long interview conducted by its atheist editor last week in which the Argentine pope spoke frankly about the problems facing the Vatican administration, known as the Curia.

He said too many previous popes in the Church's long history had been "narcissists" who let themselves be flattered by "courtier" aides in the Curia instead of concentrating on the wider mission of the universal Church.

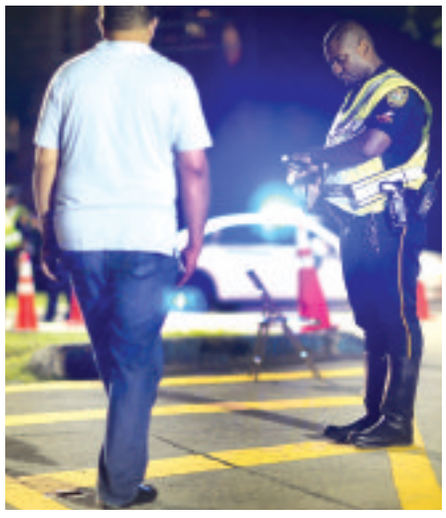
"The [papal] court is the leprosy of the papacy," said Francis, who has brought a new style of openness, consultation and simplicity to the Vatican.

The Curia has been riven by scandals over the years and has sometimes seemed to have taken on the trappings of a Renaissance court. Bishops around the world have deemed it heavy-handed, autocratic and overly bureaucratic. **REUTERS**

Quoted

"They are not courtiers, but wise people who are inspired by my same feelings."

Francis, on the eight cardinals chosen for his advisory board. He also claims they lack selfish motives.



'Reasonable suspicion' case goes to high court

The Supreme Court agreed yesterday to consider whether a police officer needs to act on more than just an anonymous tip when stopping a suspected drunken or reckless driver. The court said it would hear the joint appeal filed by a driver and his passenger pulled over in 2008. The officer was acting on a phoned-in tip that the pickup truck the two men were traveling in had run the caller off the road. After pulling the truck over, the officer found four bags of marijuana. The legal question before is whether a police officer needs to observe evidence of reckless driving first-hand to meet the U.S. Constitution's requirement of "reasonable suspicion." **REUTERS** / GETTY IMAGES

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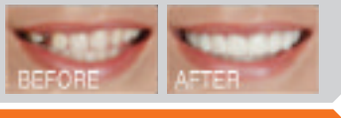

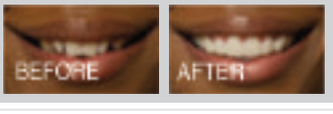

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Self-esteem. Will a nose job make you feel better about yourself?

Getting that nose job could boost your self-esteem and quality of life, according to a new report. But the evidence is a bit shaky, researchers looking at studies of people who had plastic surgery found.

The report's lead author said he knew of studies showing improvements in body image after cosmetic surgery. But those studies typically focused on procedures like breast augmentation instead of nose jobs and facelifts.

"The only justification that I could provide … of why we perform facial cosmetic procedures is that it has been my anecdotal experience that patients may sometimes feel better with even a slight improvement in appearance," Dr. Joseph F. Sobanko of the Hospital of the University of Pennsylvania said. REUTERS

Online retailer

Amazon to hire more than 70K seasonal employees

Amazon.com said it expects to hire more than 70,000 full-time seasonal employees across its order fulfillment centers in the United States, a 40 percent increase from last year.

Amazon, which has about 88,400 employees, said it has converted more than 7,000 temporary employees in the United States into full-time employees so far this year. REUTERS

Study: The Pill's link to depression still unclear

Decisions on what type of contraception to use and how birth control choices might affect mental health are critical issues for young women. / GETTY IMAGES

Study. About 30 percent experience emotional and sexual side effects while using hormonal contraception.

Young women using hormone-based contraceptives, including the Pill, were no more likely to be depressed than other women in a new U.S. study.

In fact, the women in their 20s and 30s on hormonal contraceptives had fewer symptoms of depression than their peers using other types of contraception or no contraception at all, researchers found.

"This counters somewhat some of the prevailing wisdom that hormone contraceptive use in general is associated with adverse mental health outcomes in women," lead author of the study Dr. Katherine Keyes of the Mailman School of Public Health at Columbia University in New York told Reuters Health.

"When you look at it on a national scale, certainly there's no evidence that at a population level hormonal contraceptive use is associated with an increased risk of mood problems," Keyes added.

Still, Keyes and her colleagues caution, it's also true that depressed women are less likely to use hormone-based contraceptives. REUTERS

The study

6,654

To investigate, they looked at data on 6,654 sexually active women between 25 and 34 years old who participated in four surveys between 1994 and 2008.

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2

CULTURE

Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Alec Baldwin is worried, Katy Perry finds current communication lacking, Kelly Osbourne does not like being corrected and Sarah Silverman is fed up with the fashion police.

@ABFoundation: The govt is shut down but BP is still open. This country is in big trouble.

@katyperry: I wish there was a Chanel emoji!

@KellyOsbourne: I really do wish all the #GrammarPolice on twitter would f— off! Its Twitter not Mensa!

@SarahKSilverman: I love that wearing sweats on a flight makes some people crazy. Who r u dressin up for, ding-dong? flying's a sport.

Talking point

T. Swift will ruin 'The Giver'

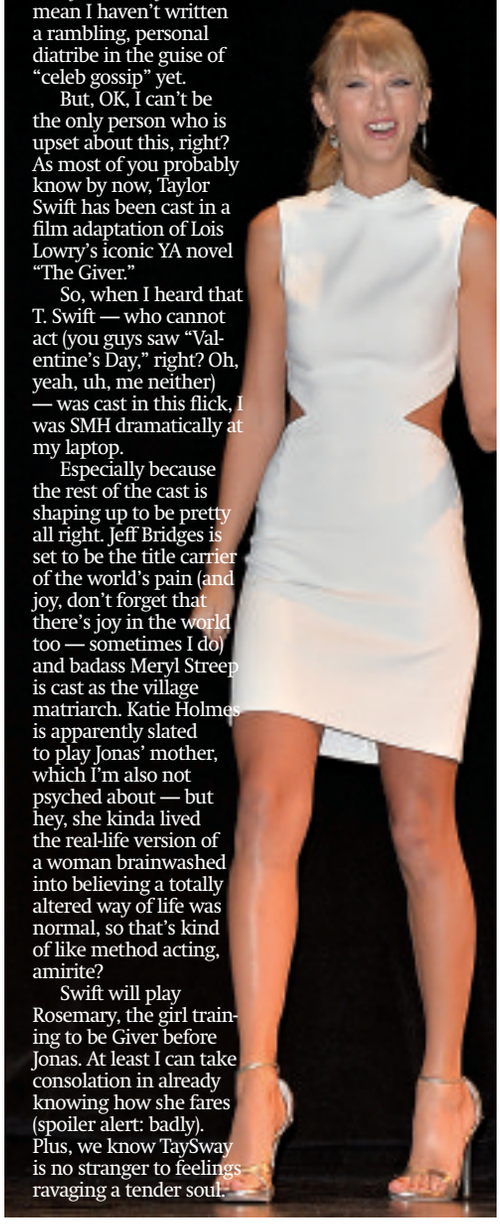
I can't believe we haven't talked about this yet. And by talked, I mean I haven't written a rambling, personal diatribe in the guise of "celeb gossip" yet.

But, OK, I can't be the only person who is upset about this, right? As most of you probably know by now, Taylor Swift has been cast in a film adaptation of Lois Lowry's iconic YA novel "The Giver."

So, when I heard that T. Swift — who cannot act (you guys saw "Valentine's Day," right? Oh, yeah, uh, me neither) — was cast in this flick, I was SMH dramatically at my laptop.

Especially because the rest of the cast is shaping up to be pretty all right. Jeff Bridges is set to be the title carrier of the world's pain (and joy, don't forget that there's joy in the world too — sometimes I do) and badass Meryl Streep is cast as the village matriarch. Katie Holmes is apparently slated to play Jonas' mother, which I'm also not psyched about — but hey, she kinda lived the real-life version of a woman brainwashed into believing a totally altered way of life was normal, so that's kind of like method acting, amirite?

Swift will play Rosemary, the girl training to be Giver before Jonas. At least I can take consolation in already knowing how she fares (spoiler alert: badly). Plus, we know TaySway is no stranger to feelings ravaging a tender soul.

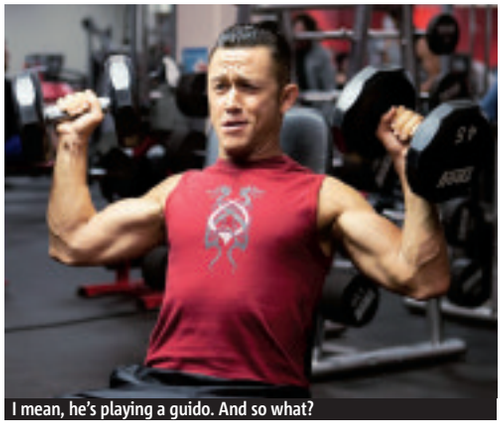


Hey Don Jon, #thatsracist, maybe

When I first saw a HuffPo article titled "Italian American Watchdog Group Accuses 'Don Jon,' Joseph Gordon-Levitt Of 'Racist Stereotypes'" I initially read it as "rapist stereotypes."

And my interest was immediately piqued. (Cue the angry reader letters explaining to me that rape is not a joking matter. I know! Just hear me out.)

My interest was piqued because "Don Jon" is a movie about a dude who's so addicted to porn that he can't maintain a normal sexual relationship, and I was kind of eager to read about the parallels this group of watchdogs had drawn between zambonis who watch a lot of porn and rapists. (Ha ha ha see what I did there? "Zamboni" is a racially stereotypical name. Cue the angry reader letters explaining that one to me. My last name is Cavallo, btw, just saying.)



I mean, he's playing a guido. And so what?

Anyway, this coalition — who also called for boycotts of "The Jersey Shore" when that was a Thing — do not like the way that Joseph Gordon-Levitt portrays the Italian-American, Jersey-based characters in his new movie. But, I mean, come on. One, that's what they are — characters. And two, come on, people like that exist, and what of it? I grew up on Long Island, btw, just saying.

All that said, I'm more concerned with the terrible Jersey accent Scarlett Johansson is working with in the film's trailers. Someone should take her to task for THAT, no? (Cue the angry letters from ScarJo fans.)

For the record, I do condone the boycotting of "The Jersey Shore."

THE WORD

Alexandra Cavallo takes on the world of gossip.

ALEXANDRA CAVALLO
@AlexCavallo
alexandra.cavallo@metro.us

Great Wall of WTF?

Justin Bieber has been on such a single-minded campaign to convince us all that he's no longer a little girl and is now, in fact, a very adult man that recently it seems like the kid might have self-actualized himself into a geriatric.

At least, that's the only reason I can come up with to explain why the hell the little guy needed to be carried the length of the Great Wall of China. (Double spoiler alert: It's, like, a really long wall.)

On Monday, photos surfaced on the Interwebz of the Biebs being carried up one of wonders of the modern world upon the shoulders of two actual adult men (bodyguards, I guess?). What, they couldn't find a douchebag-sized papoose?

I honestly don't know who I'm more disgusted with — Bieber for being such an egregious tool that he would make his bodyguards carry him up a monument like the boy prince of freaking Siam, those bodyguards for not quitting on the spot and also pushing him into a puddle or something on their way out of there, or myself for taking the time to write about this. But, hey, that's my job, right? #nodisrespecttobenaffleck

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You will be able to see Dita Von Teese without any of these things on her body at the House of Blues. / GEORGES ANTONI

Best undressed list

Stripteased. You may get as much Von Teese as you please with Dita's new burlesque show, but the clothes she takes off are every bit as important as the bits she reveals.

Even Dita Von Teese laughs at the irony of her inclusion on Vanity Fair's current International Best Dressed List. After all, the queen of neo-burlesque is in the business of undressing. (Her laugh, by the way, is a warm purr and as elegantly inviting as her act.)

"Well, don't forget that Gypsy Rose Lee, who was one of the greatest, if not the greatest burlesque dancer of all time, was famously dressed by Charles James and all the great haute couturiers of the time," says Von Teese. "Striptease is a lot to do with what you put on, as much as what you take off. Without all the glamorous clothes, all you have is a naked pretty girl, and that's not what makes a legend."

Born Heather Sweet in West Branch, Mich., Madame Von Teese has created herself as a legend — and a successful business of books, perfume franchises, a capsule dress collection and a lingerie line has followed. But this fall, the hardworking Miss Von Teese is back on the road with her "Burlesque: Strip, Strip Hooray!" show, which includes her Rhinestone Cowgirl, Swarovski Martini Glass and the new Bird of Paradise acts, each destined — and designed — to captivate the imagination.

If you go

Dita Von Teese's 'Burlesque: Strip, Strip Hooray!

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"Burlesque is about creating fantasy and illusion and something that doesn't really exist in real life," she continues. "It's about combining glamour with a little wink of the eye: a touch of humor. It's about spectacle and a version of glamour and sensuality, and sexuality, that doesn't really exist in real life."

As much as it is spectacle and illusion, burlesque is equal parts choreography and acting: "Who I am onstage is not who I am, even as a sexual person, in real life. It's not to say I put on a different personality; I don't, by any means. The real person comes through in every show. But all the rhinestones and feathers, and perfection to detail in the makeup — obviously, I don't go trotting around like that in my bedroom. Burlesque is different for everyone, especially in these days of the burlesque boom. For me, the way I present it is as something that's otherworldly and about beauty, glamour and humor all put together in one seven-minute moment onstage."

Quoted

"Burlesque is about creating fantasy and illusion and something that doesn't really exist in real life." Von Teese

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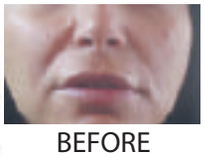

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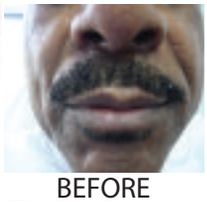

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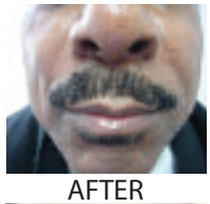

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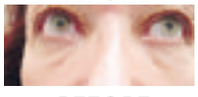

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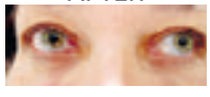

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TV watch list

CRIME/DRAMA

'Ironside'

This remake of the 1967 television show of the same name stars Blair Underwood as a wheelchair-bound cop who, despite his handicap, is tough as nails. We're mostly wondering if Underwood will be as suave and sexy on wheels. We're thinking, yes.

SERIES PREMIERE, 10 P.M., NBC

REALITY

'Top Chef'

Say what you want about Bravo because, despite its glut of reality show shows starring surgically altered harpies with too much money and not enough brains, it actually boasts some pretty great reality shows as well. One of them returns tonight and, this time around, it all goes down in N'awlins. Should be suitably spicy.

SEASON PREMIERE, 10 P.M., BRAVO

COMEDY

'Super Fun Night'

Will this new situational comedy starring Rebel Wilson (who killed it in "Bridesmaids" and sort of just maimed it at the MTV Movie Awards) be any good? We have no clue, but we'll tune in for at least the premiere episode because we believe that Wilson has some serious comedy chops that have yet to be fully realized. In "Super Fun Night," she plays an insecure single lady partying and taking on the world with her two best gal pals. "Sex and the City" for the set of girls who actually like to eat? Maybe.

SERIES PREMIERE, 9:30 P.M., ABC

ALEXANDRA CAVALLO

Blair Underwood stars as Robert Ironside in "Ironside."
VIVIAN ZINK, NBC

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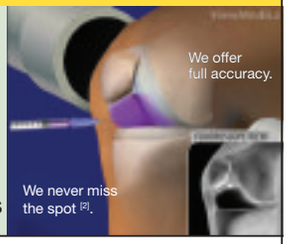

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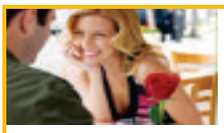

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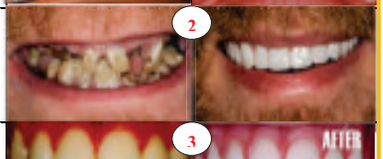

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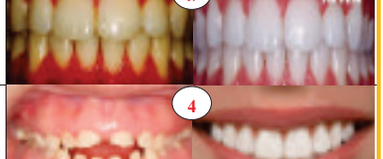

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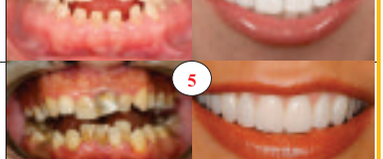

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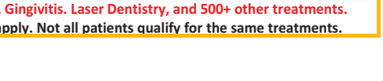

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The Beacon also features a private 2-acre park, two dog runs, organic community gardens, a children's playground and 50,000 square feet of indoor amenities. Services include valet parking and shuttle service to the Grove St. and Exchange Place PATH/Ferry Stations.

Net-effective monthly rents start at $1,675 for studio, one- and two-bedroom floor plans. Immediate occupancy is available.

THE BEACON

For more information on The Beacon, call (877) 640-4945, or visit www.thebeaconjc.com. The community's Leasing Center is located at 20 Beacon Way, Jersey City, NJ 07304.

PLUS

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Priciest

The most expensive listing to hit the market this week is the penthouse at 212 W. 18th St. The five-bedroom condo with eight and a half baths offers 360-degree views of the city, a private terrace, three fireplaces and luxury appliances. The building offers a fitness center, library lounge with pantry and bar and a children's playroom.

$275K

Cheapest

The least expensive listing to come onto the market this week is a co-op at 244 Riverside Drive. Marketed by Citi-Habitats, this studio offers hardwood floors, high ceilings, a bay window and a separate kitchen. The building offers a live-in super, laundry room and bike storage, plus easy access to Riverside Park.

Buying art doesn't have to be intimidating (or cost you a fortune)

If you go

Affordable Art Fair

Oct. 3-6
The Tunnel
269 11th Ave.
www.affordableartfair.com
Find original paintings, prints, sculptures and photographs priced from $75-$10,000. "We have a whole section under $500," says Salmastrelli.

"Rojo Amor, Rojo Pasion, Rojo Sangre, Rojo Muerte" by Claudia Ferrari is one of the many works available at the Affordable Art Fair.

Decor. It's time to move beyond hanging posters.

Cristina Salmastrelli, director of the Affordable Art Fair, which opens this week, isn't some stodgy art snob (just check out the hysterical "S— People Say At Art Fairs" video she co-stars in). To help young novice collectors (such as yourself) finally make their first art world purchases, she offers the following tips.

Do some homework

Before you think about buying art, look through art websites or magazines to see what type of work you're attracted to, says Salmastrelli. "Do you like oil paintings or photography? Do you like small pieces that you can bunch together? That's something that's really important to know, because art can be overwhelming," she says. "If you figure out the genre you're looking for, that narrows it down." Salmastrelli recommends perusing sites such as Artnet.com, Artsy.net and Blouinartinfo.com.

Size matters

To help narrow down your search, "think about the size you want," says Salmastrelli. "Are you looking for something to go over the couch in the living room or over the bed in the bedroom? Or are you looking for something

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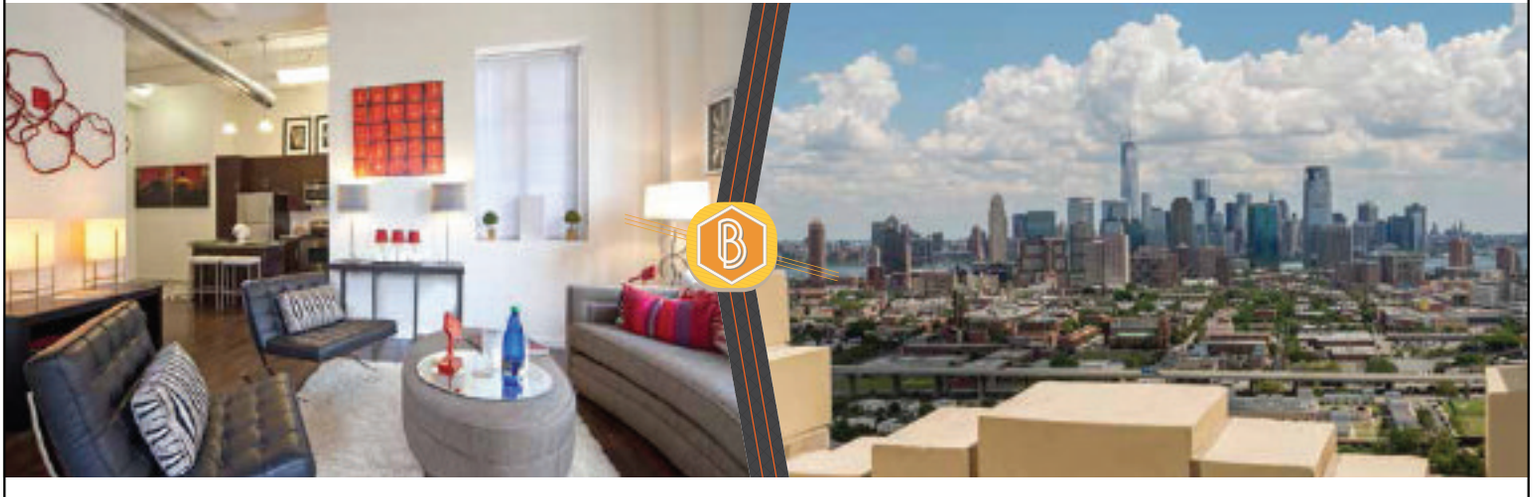

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that's going to hang above a side table?"

Know your budget

"This will help you stay focused when you [walk through a fair or gallery] and not get overwhelmed," says Salmastrelli.

Fall in love

"The most important thing about buying a work of art is that you fall in love with it," says Salmastrelli. "You don't want to buy a piece because the name is hot or someone else has it. And when you see it in your home, it's going to make you smile every time."

Ask questions

Don't be afraid to ask a dealer questions and learn more about a piece. Salmastrelli suggests starting with: "What kind of materials were used? Where is the artist from and where is he or she in their career?"

Her picks

Pieces hanging in Salmastrelli's home:

- **"A Standard Moment" by Manolo Campion**
- **"Dream in Colour" by Richard Heeps**
- **"Cheese" by Willy Rojas** "It is a photograph of a miniature figure skiing down a block of cheese. It's in my kitchen and I just love it."

TINA CHADHA
tina.chadha@metro.us

"Stealth Kate" by Marc Quinn would look great in any room.

Quoted

"If you're in a city that does have galleries, definitely walk around them. When you see art in person, it has an amazing effect on you and it's very different then if you see it over in a magazine or a computer screen." Salmastrelli

Need some color? Try "Untitled" by Xavi Carbonell .

Shopping

Grownup approved at PBteen

Emily Current and Meritt Elliott, Los Angeles-based stylists and former designers of the popular denim brand Current/Elliott, are applying their keen eye for fashion to the world of interiors. The duo, which styles celebs such as Emma Roberts for red carpet events, teamed up with Pottery Barn's sister line, PBteen, for a 37-piece collection of furniture and accessories that's in stores now.

"For us, this is an extension of our overall brand view — Americana mixed with youthful charm," Current said in a Women's Wear Daily interview.

The vintage-inspired line of goods — which includes a denim chaise lounge, metallic polka dot sheets and an alarm clock with bunny ears — will retail from $29.99 to $799.

"Everything has character and doesn't feel brand-crisp-new," said Elliott. "Like, maybe it's been passed down or is a found object with a story to tell." TINA CHADHA

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The positive

Easing the pain

Now that the recession has passed, developers are working overtime to get new projects in the ground. Sometimes that means taking on projects in areas of the city they never would have in the past.

Andrew Gerringer, managing director at the brokerage the Marketing Directors said the they are now working on their second project in Staten Island: the Pointe at 155 Bay St.

"Five years ago, fewer people would have thought of Staten Island as an area they would build [condos] in," Gerringer said.

Hudson, for its part, is currently developing Gowanus Green, a mixed-used rental and condo project in Brooklyn.

In order for more resales to hit the market, meanwhile, the economy needs to continue improving, Miller said. If salaries and home prices continue their gradual increase, he said, homeowners will start to put their apartments on the market.

But another crucial factor is the availability of mortgages for buyers, Miller said. Luckily, with interest rates now on the rise after several years of record lows, he said, banks have started loosening their lending guidelines.

All in all, Kramer predicted that it will take about two years for inventory to return to a normal level.

"Two years from now," he said, "I don't think people will be saying there's an inventory crunch."

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Ending the inventory crisis in NY

Inventory is bleak in Manhattan.
DIGITAL VISION

Real estate.
Insiders say no relief is in sight — for two to three years, at least.

Recent years have seen the rise of some of Manhattan's buzziest and most luxurious new developments — 432 Park Ave. and One57 among them. But these pricey condos are doing little to reverse the current inventory shortage, experts told us.

Tight credit, job losses and reduced incomes have prevented many homeowners from putting their homes on the market, since they can't afford to upgrade to bigger units.

"You have a lot of people [who] can't trade up because they no longer qualify for credit," said Jonathan Miller, president of the appraisal firm Miller Samuel.

"[Without] credit, you're not going to sell."

As a result of these factors, inventory is at record lows: In addition to the lack of available apartments, many of the new projects being built now are targeted toward wealthy jet-setters rather than average New Yorkers. One57 and 432 Park, for example, have both made headlines for $90 million-plus contracts.

In the second quarter of this year, the median sales price for a new development unit in Manhattan was $1.4 million, according to Miller Samuel, while the median sales price for all Manhattan units was much lower, at $865,000.

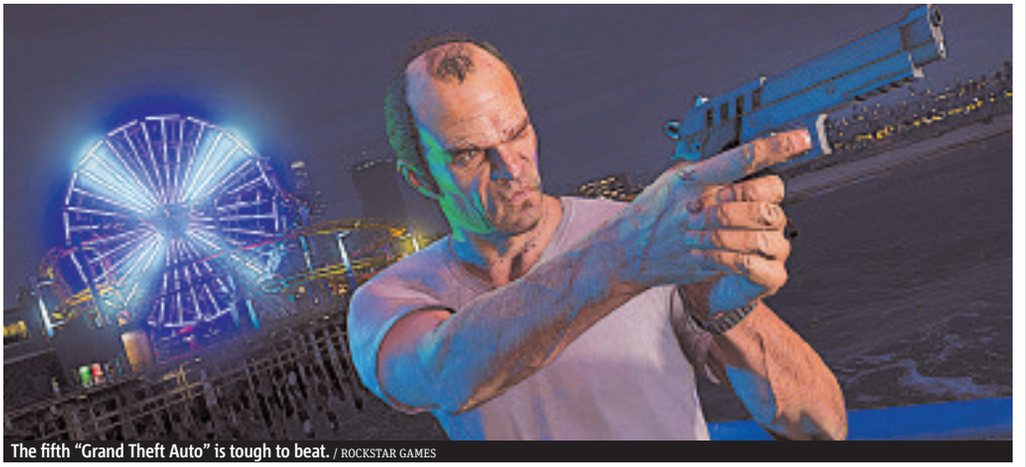
Despite the demand for mid-priced units, experts said, Manhattan's sky-high land costs have made it difficult for developers to justify building condos that aren't uber-expensive.

"Once land hits a certain price, it only makes sense to build with nicer finishes and higher-grade appliances, and all of a sudden you're gearing yourself up for the higher-end condominium," explained Neil Helman, an investment sales broker at the commercial firm Avison Young.

David Kramer, CEO of developer the Hudson Companies, agreed that "land costs make it very hard to do middle-class housing."

Of course, the appetite for high-end product isn't infinite. "Land prices can't go up at an astronomical rate forever," Miller said. "When it hits the ceiling, developers [will] start to cool on the prices." **HAYLEY KAPLAN**

TheRealDeal.com is a daily blog and monthly magazine covering real estate in the New York metro area.
THE REAL DEAL



The fifth "Grand Theft Auto" is tough to beat. / ROCKSTAR GAMES

PLAY IN A (GORY) SANDBOX

'Grand Theft Auto V'

System: 360/PS3
Maker: Rockstar Games

This is it: the swan song of this gaming generation. PS4 and Xbox One are racing to store shelves in just a month or so, in all of their digital majesty. But for now, who cares? We have "Grand Theft Auto V." This game has caused a gigantic pop culture splash, and for good reason. It's really, really (really) good.

If you've been living under a rock, the "Grand Theft Auto" series is an open-world sandbox in which you can do anything you want. For real — anything. Ride a monster truck off of a cliff into the sea. Kill a thousand prostitutes. Fight aliens and do drugs. The sky isn't even the limit as you can also steal an airplane or helicopter. It's basically a nihilism simulator — a damned good one.

"GTA V" takes place in a fictional southern California, complete with beaches, deserts and the glitter and excess of a fake Hollywood. The story has three playable protagonists and revolves around a series of exciting bank heists. All told, there are enough missions to keep you busy for 40 hours or so, not even considering the recently launched online component.

On the downside, the game's much vaunted satire is a little on the nose and occasionally stupid. Also, there have been a dozen playable characters in the franchise so far and not a single woman. Other than these tiny gripes, "GTA V" is probably the best sandbox game ever made. I can't wait to see what the next-gen consoles will bring.

Sidescroller

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SAINT LAURENT PARIS
GETTY IMAGES

Paris FW: Art on the runway

MONDAY

Saint Laurent

8 p.m.
Say what you want about Hedi Slimane, but you can't deny that he seems to know what women are in the mood to wear. Critics were on the fence about his last collection, which brought back grunge. Grunge at Saint Laurent? Isn't that blasphemy? And yet the plaids and biker boots that defined that collection are arguably the most knocked-off things in stores right now. I have the feeling the same will happen with the tiny, rocker girl dresses and jackets he showed for spring, even if it doesn't look entirely fresh or new. The clothes are cool and sexy, but Isabel Marant already got there first. No matter, this updated take on that French rocker girl je ne sais quoi will be all over Zara and the like come March, if not sooner.

TUESDAY

Chanel

11 a.m.
Despite the fabulous art-world set at Chanel, the real party began with the clothes, which ranged from sophisticated tweed suits to younger, urban dresses, all in saturated colors and painterly graphics. They were the polar opposite of last season's work, which was darker and filled with Karl Lagerfeld's rocker edged trademarks. Interestingly, he showed the clothes to a soundtrack of just one song: "Picasso Baby," which Sean Carter notoriously performed with the blue-chip performance artist (and fashion favorite) Marina Abramovic. The show could have been a statement on the idea of fashion as wearable art, but that would be too neat and tidy for Lagerfeld. Instead, the collection ended up highlighting the way we consume fashion. Seeing his belted, hot pink tweed suit stroll past a giant red sculpture drove home the idea that, in this moment, fashion is all about display. If the right girl wears that suit, it will be photographed, Instagrammed and tweeted across too many feeds to count, just like what happened with the Russian "it" girl Elena Perminova (wearing Chanel tweed, of course) immediately after the show. **KENYA HUNT**

CHANEL
GETTY IMAGES

PAID ADVERTISEMENT

Is It the Fountain of Youth for Aging Minds?

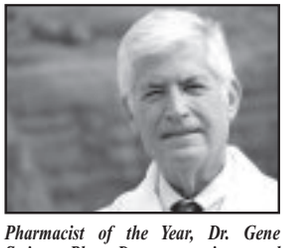
Pharmacist of the Year Makes Memory Discovery of a Lifetime

'America's Pharmacist,' Dr. Gene Steiner, finds what he and his patients have been looking for – a real memory pill!

PHOENIX, ARIZONA —

If Pharmacist of the Year, Dr. Gene Steiner, had a nickel for every time someone leaned over the counter and whispered, "Do you have anything that can improve my memory," he would be a rich man today.

It's a question he's heard countless times in his 45-year career. He has seen families torn apart by the anguish of memory loss and mental decline, a silent condition that threatens the independent lifestyle that seniors hold so dearly.



Pharmacist of the Year, Dr. Gene Steiner, PharmD, was so impressed with his newfound memory powers that he recommended the patented, prescription-free memory formula to his pharmacy patients with great success.

In his years-long search for a drug or nutrient that could slow mental decline, he finally found the answer, a natural, drug-free compound that helps aging brains 'think and react,' younger.

Tired Brains Snap Awake!

"It helps tired, forgetful brains to 'snap awake," says Dr. Steiner.

Before Dr. Steiner recommended it to customers, he tried it first. "Within a few days, I can tell you without reservation that my memory became crystal clear!"

"Speaking for pharmacists everywhere, we finally have something that we can recommend that is safe and effective. And you don't need a prescription either!"

Feeding an Older Brain

The formula helps oxygenate listless brain cells to revitalize and protect them from free radicals caused by stress and toxins.

It also helps restore depleted neurotransmitter levels, while feeding the aging mind with brain-specific nutrients and protective antioxidants.

"I had such marvelous results with this memory pill that I not only started recommending it to my customers, I even shared it with other physicians!"

Pharmacy Best-Seller

"It became the best-selling brain health product in my pharmacy and customers were returning to thank me for introducing them to it."

Users like Selwyn Howell* agree. He credits the memory compound with bolstering his confidence.

"It helped me speak out more than I used to. I am growing more confident every day.

Carey S.* reports, "I feel so much more focused and with the new energy I'm now ready to tackle the things I've been putting off for years!"

Elizabeth K.* of Rochester, New York experienced a night-and-day difference in her mind and memory. At the age of 54, her memory was declining at an "alarming rate."

"I was about to consult a neurologist when I read a newspaper article about it."

"It took about a month for the memory benefit to kick in. Six months later, even my husband was impressed with my improved memory. And I am very happy with my renewed mental clarity and focus!"

"I highly recommend it," says Dr. Steiner. "This drug-free compound is the perfect supplement for increasing one's brain power. If it worked for me, it can work for you!"

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Call the toll-free number below to see how you can reserve your free 30-day supply of the same, patented memory formula used by Dr. Steiner. It is the #1-selling memory formula in the US, and it is also mentioned in the medically acclaimed book, *20/20 Brainpower: 20 Days to a Quicker, Calmer, Sharper Mind!*

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10 Things to know about the Affordable Care Act

Insurance. The new law is now in effect. We're here to break it down for you.

More than 60 percent of Americans have admitted that they are not sure what is in the new Affordable Care Act, better known as Obamacare, according to Theda Skocpol, professor at Harvard University and author of "Health Care Reform and American Politics." The exchange marketplace is up and running: Don't be left in the dark. Read up on the new act here.

1 Who is eligible for Obamacare?
People who do not receive insurance from their employers are eligible for Obamacare. People under 26 can stay on their parents' insurance.

2 Where can I sign up?
You can browse and purchase plans on your state's exchange marketplace online. People will be able to read about the various benefits and costs of each plan and "comparison shop the same way they would if they were comparing the price of airline tickets," says Skocpol. Depending on the state, some sites will also allow users to enter their income and immediately sign up for financial assistance.

3 How much will the plans cost?
The costs vary from state to state, but many people will receive financial aid that offsets the cost. "The tax credits you can get from the government run pretty high," says Skocpol. "People making $70-$80,000 will get help from Obamacare." In the end, most people will pay much less for their insurance than they were before for private insurance plans.

4 What are the different options for an insurance plan?
There are four tiers of plans: bronze, silver, gold and platinum. Bronze plans are the cheapest and offer basic coverage with higher deductibles and copays. Platinum offers more coverage, but at a higher price.

5 If bronze is the cheapest, why wouldn't everyone get it?

Confused? Don't be. Visit Healthcare.gov to sign up. / LIFESIZE

Skocpol says purchasing the bronze plan may not be the cheapest choice in the end. It could end up costing more than the other plans, depending on the frequency of your visits to doctors and hospitals. Some people on the bronze plan may hesitate to see a doctor because of the higher deductibles: Skocpol and her colleagues call this the "bronze trap." Even so, Skocpol says people who choose the bronze plan will be "protected from the things that drive people into bankruptcy."

6 Is it possible I'll pay more for health care?
Skocpol says that in a few instances, some families who have very inexpensive catastrophic health insurance that only covers emergencies may have to pay more for insurance. However, their coverage will also be much greater with the new plans.

7 How long do I have to choose a plan?
Six months. You can sign up for a plan now and get coverage in the new year, but you have until the end of March to sign up for a plan. Skocpol said that in the future, the enrollment period will only be two to three months.

8 What if I don't have insurance and I want to opt out of Obamacare?
You can remain uninsured, but you will have to pay a fine of $95 per adult or 1 percent of your family income, whichever is higher.

9 What if I have a preexisting condition?
You will still be eligible for health care. The ACA prohibits insurance companies, on and off the exchange, from barring or discriminating against people with pre-existing conditions.

10 Are illegal immigrants eligible for Obamacare?
No. Only citizens are eligible for Obamacare.

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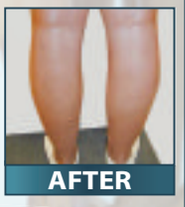

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Is BMI the best predictor of your health?

Controversy. New information calls into question the easy calculation as a barometer for wellness.

In the early 19th century, doctors commonly prescribed bloodletting to treat ailments and disease, and a bag of live caterpillars tied around the neck was considered an effective treatment for whooping cough. But despite vast scientific advances in medicine since then, many doctors still use the formula for determining healthy body weight that a Belgian mathematician created in the 1830s. This system, now referred to as the body mass index, measures body fat based on your height and weight. It's recommended by both the Centers for Disease Control and National Institutes of Health — even though according to recent research, BMI is inaccurate for evaluating risk of obesity-related diseases and mortality.

"Someone with muscle mass has a lower risk of disease, even if they're overweight according to their BMI," says Westbury, N.Y.-based Dr. Andre Gi-annakopoulos, diplomate on the American Board of Internal Medicine and the American Board of Obesity Medicine and an obesity specialist at the Center for Medical Weight Loss. "For example, a construction worker who's muscular but not necessarily an athlete might be slightly overweight, but that might nevertheless be a healthy weight for him. It's the amount of fat on the body in terms of percentage that contributes to risk."

Because it doesn't take into account things like muscle mass, body fat composition, bone density or racial and sex differences, BMI shouldn't be the main tool to determine whether someone is at risk of more than 50 obesity-related health problems and dis-

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Accurate ways to measure weight are "expensive, cumbersome and not practical for large studies," Dr. Ahima says. WAVEBREAK MEDIA

Quoted

"A construction worker who's muscular but not necessarily an athlete might be slightly overweight, but that might nevertheless be a healthy weight for him. It's the amount of fat on the body in terms of percentage that contributes to risk." Dr. Giannakopoulos

eases such as cancer, heart disease, hypertension and sleep apnea, says Dr. Rexford S. Ahima, professor of medicine at the University of Pennsylvania Perelman School of Medicine and co-author of an article regarding the difficulty of treating obesity published in the journal Science.

"Although BMI isn't very accurate, it's simple [and] cheap and can be used for comparative studies in various populations," Dr. Ahima says. "Accurate measures for body fat, such us underwater weighing, CT scan, MRI and DEXA, are expensive, cumbersome and not practical for large studies."

But as a growing body of research links obesity with expensive-to-treat chronic diseases, insurance companies are becoming more apt to cover medical treatment for obesity, Dr. Giannakopoulos says. Which is good news for the more than one-third of Americans who are obese.

"Treating obesity is much more complex than simply telling people to eat less and exercise more," says Dr. Giannakopoulos. "People can take in fewer calories than their bodies need, yet still not lose weight. Looking at overall blood work, for example, can uncover medical issues that could be making weight loss more difficult. A combination of regular office visits, behavior modification, counseling, nutrition help and supplements all can help reverse the medical complications caused by obesity."

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• I have a large bump behind my big toe (or little toe) which is always red.
• I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
• My toes aren't straight - they are crooked, bent and hurt.
• I have painful calluses on the ball of my foot which keep building up.
• I have corns on my toes which get thicker no matter what shoe size I wear.
• The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
• I have cramps in my legs which always happen when I walk the same distance.
• My ankles are swollen most of the time.
• My feet are always dry and scaly - sometimes they itch.
• My feet just hurt all over when I stand or walk a lot.
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Horoscope

♎ Libra | Sept. 23-Oct. 22. Past lessons will be a guide to a difficult situation that you're now facing. You'll need to act judiciously to keep the peace.

♏ Scorpio | Oct. 23-Nov. 21. Don't complain if someone asks you to do something. The fuss it will cause won't be worth the aggravation. Do it and move on.

♐ Sagittarius | Nov. 22-Dec. 21. Fix up your space and find a way to budget for something. An emotional matter will escalate if you haven't been honest about the way you feel.

♑ Capricorn | Dec. 22-Jan 20. Keep life simple and get what needs to be done out of the way. Avoid dealing with unpredictable people.

♒ Aquarius | Jan. 21-Feb 18. Protect yourself against injury. Think matters through before you make a decision. Poor money management will require an unusual solution.

♓ Pisces | Feb. 19-March 20. Take note of what everyone around you is doing, and use what you learn to reduce your overhead and do what's required to achieve success.

♈ Aries | March 21-April 20. Share your thoughts and indulge in activities that allow you to show off. Although you will attract attention, a humble attitude must prevail.

♉ Taurus | April 21-May 21. Consider innovative ways to be more efficient. Forming an alliance with someone who has discipline will lead to greater freedom.

♊ Gemini | May 22-June 20. Collect your thoughts and find a way to deal with a challenge. More effort toward improving family life will be required.

♋ Cancer | June 21-July 22. Avoid melodrama. You don't want to miss an opportunity due to a last-minute change. Don't feel inconvenienced by what others do.

♌ Leo | July 23-Aug. 22. Appease whoever is standing between you and your goal. An effort to keep the peace will buy you the freedom to indulge.

♍ Virgo | Aug. 23-Sept. 22. Jump on the bandwagon and enjoy whatever is being offered up by friends. Active participation will lead to interesting destinations. BERNICE BEDE OSOL

Sudoku: Easy and hard

4	7		2		1			
	5			3	7			
			4			3		
	9			1		6	7	
3			9	2	4			1
	1	2		7			3	
		5			3			
			8	4			1	
			1		9		4	3

6				1			3	
					8	7	2	
	1				5	8		
9	2	1						8
	8		4		9		1	
4						9	7	2
		3	5				9	
	9	7	3					
	6			9				4

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

Absurdity of celebrity

Re: 'Katy Perry considered suicide after divorce' (Metro, Oct. 1) I wanted to let you know how much I look forward to reading "The Word" every morning. Your pitch-perfect take in celebrity gossip brightens what would otherwise be a dreary commute to work. I can't wait to pick up my Metro each day just to read your column. Thank you for doing what you do with excellence far surpassing others in your field. The Katy Perry piece was but one more example that captures the absurdity of celebrity, makes fun of celebrity, but still celebrates celebrity that makes your column so good.
GEOFF BUTLER, VIA EMAIL

Don't mock Perry's dark thoughts

Re: 'Katy Perry considered suicide after divorce' (Metro, Oct. 1) As a high school teacher, I am terribly concerned by the message that the article sends to young people and adults alike. How shocking that in 2013, we still have people like Ms. Robinson who are interested in mocking mental illness and suicidal thoughts. Whether or not Katy Perry was actually suicidal or did indeed suffer from mental illness in the form of depression, this article's judgment sends the wrong message. Responding to someone's mental health concern with, "like, she must have realized she would pull through this," completely disregards the crippling effect of mental illness. While this article may not be keeping Katy Perry up at night, it certainly says to us regular folks that thoughts of suicide are a laughing matter that are under the control of the individual.
LAUREN SLATER, VIA EMAIL

letters@metro.us

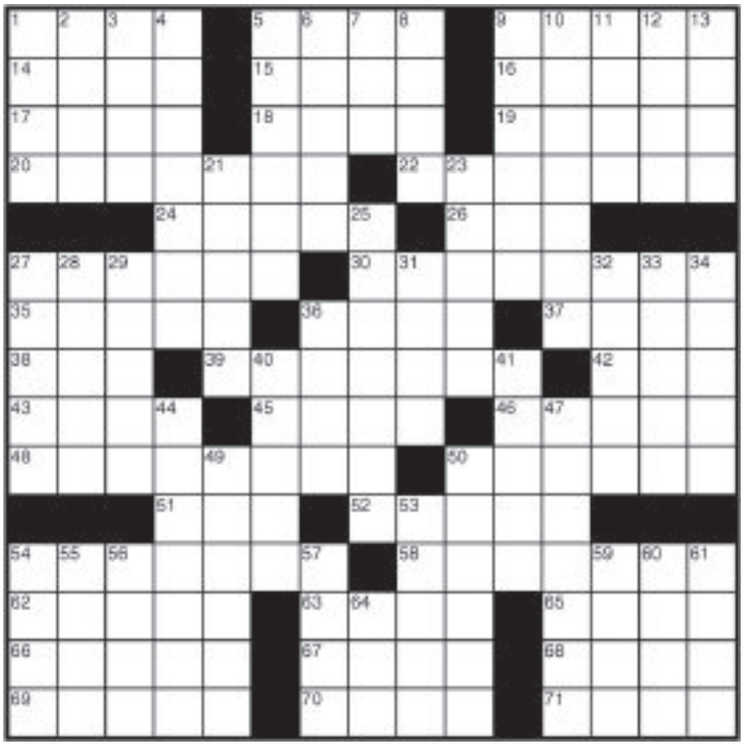
Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Crossword

Across
1 Tame
5 Cato's 701
9 Did the floor
14 Verdi masterpiece
15 Mo. expense
16 Deck out
17 Scorch or burn
18 Liver secretion
19 Rental contract
20 Boring
22 Held up
24 Seattle's Sound
26 Debussy subject
27 Things to strive for
30 Sprung a leak
35 "No man is an island" poet
36 Wine or harbor
37 High desert of Asia
38 Mauna —
39 Sleep (hyph.)
42 Two-bagger (abbr.)
43 SASE, e.g.
45 Bohemian
46 Sales pitch
48 One collared
50 Waits in line
51 Opposite of cheer
52 Laundry appliance
54 Lyrical
58 Dig up
62 Video-game pioneer
63 Kind of prof.
65 Injure in the bullring
66 Annoyed
67 — Hari
68 Done
69 Steel plow inventor
70 Black gemstone
71 Must-have

Down
1 Lavish party
2 "Instead of" word
3 Economist — Smith
4 Subsoil layer
5 Fixes software
6 Usual weather
7 Cartoon frame
8 Treated a sprain
9 Pocket item
10 Home furnishing (2 wds.)
11 Cavity detector (hyph.)
12 Relieve
13 — -in-the-wool
21 Runs the show
23 Gas gauge reading
25 Jogged
27 Kept the engine running
28 "Lorna —"
29 Pass, in Congress
31 Heavy hydrogen discoverer
32 "The Kiss" sculptor
33 Diminished slowly
34 Sour pickles
36 Undiluted
40 Vietnam capital
41 Helena rival
44 Worker
47 Model
49 Cloud-seeding compound
50 Grammar
53 Out of practice
54 Damsel
55 To be, to Balzac
56 Water-ski locale
57 Hunter's wear
59 Ramble around
60 Bring to bay
61 Rustler's target
64 — Diego Chargers

Yesterday's answer



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Cashman takes blame for Yankees struggles

MLB. The Yankee GM hedged on the oft-discussed $189M payroll figure.

The Yankees had held only one season-ending press conference this early in October under general manager Brian Cashman until yesterday.

The blame for this messy and injury-plagued season is being thrown around by Yankee fans, but Cashman was brief and direct when asked who should take the primary responsibility for the team's failure to make the playoffs.

"Me, it's my responsibility," Cashman said.

Though he expressed disappointment during the 50-minute session inside an empty Yankee Stadium, Cashman did not fault the effort.

"We fell short," he said. "But their intent was to find some way to get us in, regardless of what had happened. That's what we try to do. But obviously, we fell short on it. But the only confident thing I can tell you is when the last name is Steinbrenner, the effort's going to be there in terms of making a full push for having the best team on the field you can possibly have."

The best possible team the Yankees can field might or might not involve the $189 million payroll figure necessary to avoid a luxury tax. Cashman frequently described the $189 million figure as more of "a goal and not a mandate."

LARRY FLEISHER
sports@metro.us

Cashman has a big offseason ahead of him. / GETTY IMAGES

Don'tcha know

Yankees want to re-sign Cano

Cashman said they will continue to negotiate with free agent Robinson Cano.

"He's been a great Yankee," he said. "I think if stays he has a legitimate chance to experience what you just saw a little bit from Mariano [Rivera], where maybe he has a chance to be the first Dominican-born player to be in Monument Park." METRO

Busy offseason

Cashman faced array of questions about one of the most intriguing Yankee offseasons in recent memory.

- Cashman said he had coffee with manager Joe Girardi on Monday and that he planned on dining with his agent Steve Mandell on Wednesday to talk about him re-signing. "We're going to give him a real good reason to stay," Cashman said. "And he's earned that through his six years with us so far."
- Cashman presented a realistic picture for CC Sabathia, whose fastball velocity has plummeted from an average of 94.2 mph in his first season with New York to 91.1 mph in 2013. "I don't expect [an increase] based on the year he just had velocity-wise," Cashman said. "If that didn't come back this year, I don't know why it would start to come back next year."

3 SPORTS

Full Nelson

Holmes out, Jets sign WR

Jets wideout Santonio Holmes will reportedly be out a few weeks with a hamstring injury, so the team signed veteran David Nelson yesterday. Nelson played with the Bills from 2010-12 and was in camp with Cleveland this year.

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NFL power rankings | by Mike Greger

No. 1

Seahawks (4-0)

Most people are putting the juggernaut Broncos atop the power rankings this week, but not here. The Seahawks went down to Houston and fought off a desperate Texans team in overtime even though they had to rally late to do so. This defense can stop anyone, and can do so on any surface and against any quarterback — Drew Brees, Peyton Manning and Tom Brady included.

No. 2

Broncos (4-0)

Omaha! Omaha! Papa John's? You can't even rattle Peyton Manning's audible calls — real or fake — as Philly found out. Good luck, Dallas.

No. 3

Saints (4-0)

Drew Brees has these Saints looking like it's 2009 all over again. When do we get to see Saints-Seahawks? Oh, on Monday, Dec. 2!

No. 4

Patriots (4-0)

Here we go again. Tom Brady could take Wilson from "Castaway" and turn him into a viable NFL pass-catcher.

No. 5

Colts (3-1)

Their average margin of victory has been 27 points since hiccuping against Miami two weeks ago. At 30-1 odds, hedge your Super Bowl bets.

No. 6

49ers (2-2)

The Niners are getting back to basics with a punishing ground game. They just need to get healthy and stop reading their own press clippings.

No. 7

Chiefs (4-0)

KC isn't a surprise at this point; they are bordering on elite. Question is, do they enough firepower to overthrow Denver?

No. 8

Lions (3-1)

This offense is electric — shades of Scott Mitchell? — when everyone is healthy. It looks like they might have finally figured it out in Motown.

No. 9

Bears (3-1)

Give the Bears credit for almost rallying to overcome a huge deficit last week. Don't give them credit for the O-line reverting to old habits.

No. 10

Ravens (2-2)

It's going to be hard to repeat with Ray Rice less than 100 percent — with all apologies to Temple's Bernard Pierce, of course.

No. 11

Packers (1-2)

Their record screams lower, but take a long look down this list and tell us if any of those teams can beat the Pack. We didn't think so.

No. 12

Dolphins (3-1)

The pass-rush suffered without stud defensive end Cameron Wake. He'll be back (we think). No time to panic in South Beach.

No. 13

Bengals (2-2)

Ugly loss this week. Andy Dalton is now on pace for 20 touchdowns, along with 16 picks. They need better play out of him.

No. 14

Texans (2-2)

Houston fans are burning Matt Schaub jerseys in the parking lots. Uh-oh. One more stumble and they'll be chanting for David Carr to come back.

No. 15

Titans (3-1)

On record alone, the Titans should be much higher. In reality, they are now counting on Ryan Fitzpatrick to carry the load with Jake Locker out.

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Scott free

Giants waive tailback Scott

The Giants made a surprising shake up of their roster on their off day.

Second-leading rusher Da'Rel Scott was waived when the team brought in offensive lineman Dallas Reynolds.

Scott was a seventh-round pick in 2011, but was expected to be the main backup once Andre Brown was injured in preseason. He posted 16 carries for 56 yards and 10 receptions for 98 yards and a score. He also bobbled a catch which was returned for a critical touchdown against Dallas. David Wilson, Brandon Jacobs and Michael Cox are the team's only running backs. METRO

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SEQ. NO. 2
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At IAS Part 51th of the Supreme Court of the State of New York, held in and for the County of Queens, located at 88-11 Sutphin Boulevard, Jamaica, New York on the 17 day of September 2013

PRESENT:
HON. Pam Jackman-Brown

SUPREME COURT OF THE STATE OF NEW YORK
COUNTY OF QUEENS

LISA SESSA, Plaintiff,
Index No. 12108-2012

-against-
ORDER TO SHOW CAUSE

JOSEPH SESSA, JR., Defendant.

Upon the pleadings and proceedings heretofore-filed and had herein, and upon reading and filing the affirmation of Jacqueline Caputo, Esq.,

LET the Defendant, JOSEPH SESSA show cause before this court at an IAS Part 51th, to be held in and for the Supreme Court, County of Queens at 88-11 Sutphin Boulevard, Jamaica, New York 11433 on the 10th day of October, 2013, at 9:30 o'clock in the forenoon of that day, or as soon thereafter as counsel may be heard, why an Order should not be issued herein, permitting the law firm of ANTHONY E. CORE, P.C. to immediately withdraw as counsel for the Defendant, JOSEPH SESSA in this litigation;

Ordering the Defendant to pay ANTHONY E. CORE, P.C. the total amount of the outstanding balance totaling Fourteen Thousand Eight Hundred Fifty Five Dollars and Eighty Two Cents ($14,855.82) for legal services provided to the Defendant by ANTHONY E. CORE, P. C. in connection with the above-captioned lawsuit;

Immediately fixing the lien granted by Jud. Law § 475 of the Petitioner against any and all sums representing the settlement proceeds and/or partial distribution of proceeds due to the Defendant in this matter; and

Service of a copy of this Order, together with the papers upon which it is granted, by personal service upon JOSEPH SESSA on or before the 27th day of September, 2013 and by regular mail with certificate of mailing and by publication 4 times a week for one week in a newspaper of general circulation in the County of Queens, namely METRO Newspaper, Personal delivery on Wisselman, Horounian & Associates, P.C., only orders with out support papers as attorneys for the plaintiff, on or before the 3rd day of October, 2013, shall be deemed good and sufficient service thereof.

ENTER: .....
JSC Hon. Pam Jackman Brown

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, October 9, 2013 at 2:00 p.m. at 66 John Street, 11th floor, on a petition from 184 3rd Avenue Restaurant Corp. d/b/a Gramercy Cafe to continue to, to maintain, and operate an unenclosed sidewalk café at 184 Third Avenue, New York, NY 10003 in the Borough of Manhattan for a term of two years.

REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

NOTICE IS HEREBY GIVEN that a license, serial # 1273826, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 70 Kenmare St., NY, NY 10012. New York County, for on-premise consumption. SOH Peace Inc.

Notices

Notices

Northern Manor Adult Day Care Center
is conducting an open invitation for Kosher Vendor/Catering Services to provide breakfast, lunch, snacks and supper at the address below.

Specifications and invitation for bid packet may be obtained by contacting Gelena Deverman at 845-494-0488; during the hours of 9am - 5pm.

Sealed bids must be received by noon on October 2, 2013.

All work will be conducted in strict accordance with the bid specifications and in compliance to the CACFP guidelines.

Bids will be opened and read on October 2, 2013 at 3pm at 1 Prospect Park West Brooklyn, NY 11215

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2
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